1:00 – 1:30 Sharing of individual reflections

* Each participant shares his or her personal reflection.

1:30 – 1:35 Silent reflection

* Each participant thinks about the reflections that have been shared.

1:35 – 2:05 Group reflection

* A group reflection is created by identifying shared themes and ideas that are common to members of the group.

2:05 – 2:30 Questionnaire results

* Individuals review results of the questionnaire, share their interpretations, and complete the group reflection.